

**CALENDAR OF EVENTS**

**Mondays**

Coffee; Hair Cuts (9:00)  
 Arthritis Exercise (10:00-11:00)  
 Lunch (11:30)  
 Pool, Pokeno, Card Games &  
 Movies (1:00)

**Tuesdays**

Sewing Class (1:00-4:00)  
 Coffee  
 Zumba (9:15)  
 Computer Class (10:00)  
 Elderly Nutrition Lunch (11:30)  
 Tai Chi (1:00)  
 Bingo/Cards/Dominos (1:00)  
 4/4 Trip to Foxwoods Casino.

**Wednesdays**

Coffee/Knit/Crochet (9:00)  
 Arthritis Exercise (10:00)  
 Elderly Nutrition Lunch (11:30)  
 Bingo & Card Games (1:00)  
 Art Class (1:00-4:00)

**Thursdays**

Project Mothercare (8:30)  
 Coffee; Arts & Crafts (9:00)  
 yoga (10:00)  
 Karaoke (10:30)  
 Elderly Nutrition Lunch (11:30)  
 Card Games; ceramics (1:00-4:00)

**Fridays**

**CLOSED GOOD FRIDAY 4/22**

Coffee (9:00)  
 Exercise Class (10:00)  
 Project Eldercare (10:00-2:00)  
 Karaoke (10:30)  
 Elderly Nutrition Lunch (11:30)  
 Card Games;  
 Food Bank (2:00)

**ATWATER**